

Catherine M. (Cathy) Graham
Candidate for Department Treasurer



Sister Catherine M. Graham (Cathy) is a Past Department President of the VFW Auxiliary Department of Virginia. She joined the VFW Auxiliary to Post 3150 in Aug 1995 under the auspices of her husband C. D. “Doc” Crouch USN Ret. (AFEM and Vietnam service) and has been a Life Member of VFW Auxiliary to Post 3150 since 1997.

She has held many jobs at all levels of this organization. During her years of active membership in the Auxiliary, Cathy has demonstrated her love and dedication to the Auxiliary, its objectives, and its programs. At the Auxiliary level she served as Trustee, Treasurer, and is the current President and Secretary for Auxiliary 3150. At the District level, she served as Guard, Treasurer, Junior and Senior Vice Presidents and 10th District President and is the current Treasurer. She has held the following District committee chairs: Community Activities, Legislative, Membership, Patriot’s Pen, Voice of Democracy, and Youth Activities. At the Department level, she has served as the Registration Chair, Ways and Means Co-Chair, Assistant Treasurer, Audit Chair, Budget Chair, Banner Chair, and Historian and is the current Treasurer. At the National level, she was the Southern Conference Veterans and Family Support Chair and was a page during the National Convention. She is currently District Council Member # 6 representing Virginia and West Virginia on the National Council. Cathy also enjoys being a Life Member of the National Home for Children.

Cathy is a U. S. Navy veteran who served our country for 20 years, 11 years active duty and 9 years in the reserves. She retired as a Lieutenant Commander in 2003. She is also a member of American Legion Post 177 in Fairfax, Virginia.

She currently resides in Fairfax, Virginia, and has been married to “Doc” Crouch for 37 years. She enjoys reading, doing crossword and sudoku puzzles, traveling around the country, and spending time with her husband.

She is enthusiastically endorsed by the members of John Lyon Auxiliary to VFW Post 3150, Arlington, VA.

District 10 and VFW Auxiliary 3150