

# DEPARTMENT GUARD

Greetings Brothers & Sisters of the Department of Virginia Auxiliary,

It is with great honor and enthusiasm that we nominate Cara Buckley, for the office of Department Guard for the 2023-2024 year. She is ready to assume and excel at the next level of our organization. She possesses and continuously displays the extraordinary competence and confidence to successfully perform the duties of the Department Guard. Her strengths and ambition are complemented by her heartwarming compassion to the overall success of our department.



Cara currently serves as the Senior Vice President of Post 637 Auxiliary, Junior Vice President/Trustee of District 3 Auxiliary and the Department Information Technology (IT) Chairman. She also works as Operations Manager and Public Affairs Officer for VFW Post 637. VFW Post 637 Post Commander, Jim Cooper describes Cara as a phenomenal and resilient individual with a heart of gold as it pertains to our Veterans and their families. Her hard work and dedication to the mission and core values of the VFW and its Auxiliary is beyond reproach.

Cara is not a stranger to helping veterans and their families. She has over 14 years experience as a military spouse serving as a Family Readiness Group Leader for multiple Army units. She has been the President of the Fort Campbell Enlisted Spouses Club and served on the boards of Fort Lee Protestant Women of Chapel (PWOC) and the United Way of Hopewell. She was highly commended by the Hopewell City Leadership, local businesses and citizens within the community for the planning and execution of the Hopewell Veteran's Day Parade in 2018. (The first one in 20 Years). She was recognized in 2019 as one of the Top 40 Citizens under 40 years of age by the Prince George Chamber of Commerce for her hard work and dedicated service to the community and Veteran's Organizations

Cara comes from a background and strong lineage of family members who served our country. Her grandfathers served in WW2 – one a tank mechanic in Morocco and the other a doctor in Hawaii after Pearl Harbor. She joined under her husband who is a 2-time Operation Iraqi Freedom Veteran. Although she is very engaged with the VFW, she loves her family. She has two teenage children who are very active within the community and VFW Post 637. They are both members of the Prince George County High School Marching Band and her daughter Madison is also a proud member of the high school JROTC program.

Cara continuously strives build and strengthen our membership as well as future of our organization. She is totally focused on working harder to help bridge the generation gap with the purpose of reaching younger families to become active in the auxiliary while preserving and teaching our treasured past. We truly believe that young leaders like Cara Buckley are the future of our VFW and its auxiliaries. Cara has definitely proven through her resilience and selfless dedicated service to our organization that she will succeed if elected to this position. Its up to you to give her a chance.

Please join us in supporting candidate Cara Buckley for Department Guard.

Respectfully, Auxiliary 637 & District 3